The Basic Belief Test

Benefits of The Basic Belief Test

The Basic Belief Test helps identify active or recently active belief codes that conflict with your desired objectives.

This belief code detection tool is also an excellent way to find belief codes that underlie negative patterns and that have caused failure or troubles in the past. If you dig up and clear these dormant codes now, you can prevent a repeat performance of the same undesirable circumstances in the future.

Components of the Test

“Think” tests the conscious mind.
“Feel” tests the subconscious mind.

Start by doing a simple “desire” test:

Do you think/feel that you want whatever it is that you are saying you want? Answer “yes” or “no” to each question, and then dowse to test the truthfulness of your answers.

If you test negative on this, it means there is a problem in one or more of the other test categories.
Components of the Test

**CAN you achieve your goal?**
These questions check your conscious and subconscious thoughts about your ability to achieve your goal.

**Do you have PERMISSION?**
These questions detect if you have given your power away to an outside source, causing you to now erroneously believe that someone/something outside yourself dictates your fate.

Components of the Test

**Do you DESERVE what you want?**
Of course you do, but you might need to convince your subconscious mind of this fact.

**Can you experience what you want without harm coming to you or someone else?**
If you test negative here, it means that you have lost track of who YOU are and the rules of the game for Spirit.

Clearing Codes with The Basic Chat

The Basic Chat can serve as an effective code buster if you find breaches when you do The Basic Belief Test, but for the chat to work, first you must align yourself with the truth about who YOU are and the rules of the manifestation game for Spirit:

Do the Initial Truth Test to set yourself up for success with The Basic Chat.
The Initial Truth Test
Make these statements and dowse or muscle test to verify that you think/feel these statements are true.

I am Pure Spirit. (I = ▲)
Pure Spirit can have any experience it wants. Therefore, I can have any experience I want.

There are no conditions for Spirit. There are no preset conditions or rules for how things have to work.

Therefore, I can have any experience that I want to have with no conditions.

The Basic Chat

I am Pure Spirit. (I = ▲)

Remind yourself of all the outcomes of this truth, such as:

“I can have any experience I want with no conditions.”

“I do not need permission from anyone or anything to have this experience.”

Follow-Up to the Basic Chat
After you complete the Basic Chat, run the Basic Belief Test to see if you now test clear in all categories. If you do, great. If not, use the Permissions Method as your next code clearing step.

NOTE: The Basic Chat may disengage you from belief codes indefinitely, or just for a short time. Repeat the Basic Belief Test a few days later to ensure you are still testing clear. If the breaches have reappeared, switch to the Permissions Method to achieve a long-lasting clearing of the codes.
The Permissions Method

The Permissions Method helps you pinpoint memory keys (the key element or elements of a belief code) that have anchored the belief code into your memory system and maintain the code's manifestation potential.

To permanently escape resonance with the problematic code, find the pertinent memory keys by dowsing the Permission List or using other forms of intuitive inquiry, and then take your power back.

Dowsing Questions

“Who did I give permission to for experiencing ___________?”

Once you find the permissions source, then make this affirmative statement:

“I take permission back from _____ and give myself permission to experience _____ (e.g., earn plenty of money to pay all my bills on time each month).”

What to Do When the Outcome You Desire Still Evades You

Rephrase the way you are stating the outcome you desire and run the Basic Belief Test again to discover other codes. The slight variation may reveal additional breaches on the BBT (= additional codes that need to be cleared).

Examples: I want to buy a new car.
I want to own a new car.
I want a different car than the one I have now.
Another Trick

Run by-products of achieving your goal through the Basic Belief Test. You may have a green light to achieve one experience, but not the other.

Examples:
“buying a new car” = “independence”  
(run “gaining independence” through the BBT)
“getting a new job” = “earning more money”  
(run “earning more money” through the BBT)

Thank you for participating in this program!

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